

# SWEAT. A MUSCLICAL

produced by Rimini Apparat, co-production Théâtres de la Ville de Luxembourg, Pina Bausch Center, E-WERK Luckenwalde

premiered August 2025

Daniel Wetzel

The concert *SWEAT. A Musclical - Songs of Push and Pull* was composed by multidisciplinary musicians such as AIGEL, Brigitta Muntendorf, Güner Künier, Sophia Wind, Schneider TM, Fabian Tombers, Bush.ida, Black Mirror Park and Wooly Aziz as an entire concert evening for this unique and innovative group of instruments. But who can play these instruments? People who have been unknowingly rehearsing for a long time by exercising on the original machines. People who may never have played a concert before, but whose regular training has given them a precise feel for their tendons and muscles. The Songs are a work-out and an evening of music at the same time, with a soundscape between gym, pop and contemporary compositions.



**Stage dimensions** 12m (width) x 10m (depth)

**Visitors per show** adaptable to the venue size

**Shows per day possible** 1

**Duration** 75 min (no intermissions)

**Special requirements** 4 performers with gym background to be cast locally

**Special tech. requirements** PA, Monitoring, Surround. Lighting Rider. The set will be provided by Rimini Protokoll

**Rehearsal period** 1st Day Set Up / 2nd Day Set Up and Rehearsals / 3rd Day Rehearsals + 1st Performance

**Rimini crew travelling** 9 people

**Local crew needed** 4xStage, 3xLighting, 2x Sound, 1x Video, 1x Costume

**Languages** German, English, further languages possible

On the scales of self-improvement, things get noisy and, at times, enlightening.  
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